

# **RETREAT LOCATION**

Cedar Creek Resort 3251 Pinetree Dr. Columbia, MO

## Directions:

Take exit 137 from I-70, south on J to county road 256 (about 3/4 mile). Turn right on 256 and follow it to the first Y in the road, then go left to the lodge, which is a large A-frame.

## Who is qualified to attend?

Those who are combat veterans according to: Title 38 of the Code of Federal Regulations, section 1712A.

Veterans and service members, including members of reserve components, who served in a theater of combat operations, in an area at a time during which hostilities occurred, or who served outside of the combat theater providing direct emergency medical or mental health care to the combat wounded, providing mortuary services to combat casualties and/or who engaged in combat by remotely controlling unmanned an aerial vehicle (UAV) crew.

\*To certify that they meet these criteria, each veteran must provide a government-issued photo ID and a copy of his/her DD214 at registration.

# BRING HOPE TO VETERANS AND THEIR FAMILIES

#### **Overall Goals**

- Identify veterans with the invisible moral wounds of war that are normal to combat, which humans have received and suffered with since the beginnings of our history.
- Explain the causes and symptoms of these wounds, and place them into the context of our human experiences and society's response to them.
- Begin the process of hearing, listening and walking with morally wounded veterans to help them return "all the way home" to their lives, their families and their chosen life paths.

## Walking Home with Our Veterans Retreat

A Friday evening and Saturday retreat that joins veterans with people experienced in dealing with, and transitioning from, those moral injuries to a perspective that enables people to use their skills, abilities, and experiences in ways that benefit themselves and their families.

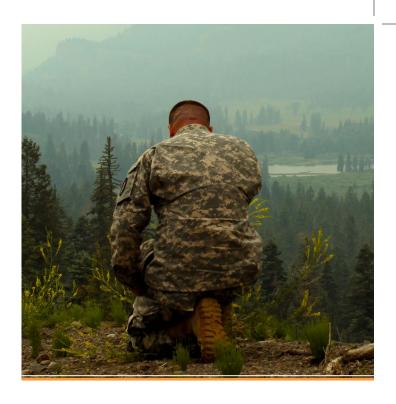
## The Talking Circle Concept

Small, safe groups of soul wounded warriors, led by a trained and experienced facilitator, share their stories and experiences to promote healing and understanding. People committed to respecting and walking with warriors on their healing journeys will be part of the circles as listeners, and will be available during and after the talking circles as individuals or in groups to provide support, friendship and opportunities for healing.

## **Related Activities**

All the Way Home will reach out to warriors' families to help them cope with and heal their wounded family members.

We are an official "outpost" of the H.E.R.O.E.S. organization, and will work with them to provide veterans help in all the ways necessary to find good jobs, meet their health and professional needs, and fully integrate back into society.



# WALKING HOME WITH OUR COMBAT VETERANS

# **HEALING THE INVISIBLE WOUNDS OF WAR**

An interactive retreat that examines the causes, symptoms and remediation of the moral wounds caused by breaking our own moral codes during combat in service of our country and its citizens.

Sponsored by:



A local non-profit, all volunteer organization dedicated to serving our local veterans.

# **RETREAT SCHEDULE**

# Friday, March 4

16:30 Registration begins

18:00 Working supper begins

- Welcome and introductions

19:00 Opening session

- Carrie shares "The Fisher King myth and song
- Dr. Schluep introduces the talking circle concept
- Break into discussion groups with facilitators
- Snack and rack

# Saturday, March 5

8:00	Breakfast
8:30	Carrie: Your life as Sacred Story
10:30	Dr. Schluep: The Incredulity of St. Thomas
12:30	Lunch
13:30	Leslie: Self care
15:00	The talking circle breakout session
16:30	Closing

#### Carrie Newcomer in Concert

Saturday, March 5 | 7:00 pm

Broadway Christian Church 2601 W. Broadway, Columbia, MO 65203

Admission \$12.00 [Free to Registered Combat Veterans]

Tickets available at the door, at Broadway Christian Church (Mon-Fri, 8am-5pm)

or

Online: eventbrite.com/e/carrie-newcomerandfriends-tickets-21361523893

All proceeds pay veterans' expenses for the retreat.

# **SPECIAL GUEST SPEAKERS**

### Carrie Newcomer



Carrie is a poet, songwriter and facilitator described as irreverent but spiritual in her life outlook. She facilitates workshops and presents keynotes on the topics of songwriting, spirituality and vocation. Carrie, a Quaker, cuts across secular and spiritual

boundaries. In recent years, she has emerged as a respected and recognized artistic voice for the progressive spiritual community. In keeping with her Quaker roots, Carrie has been a strong voice for social justice. She is a co-founder of The Soup Bowl Benefit raising over a million dollars over the past twenty years for Indiana's hungry families.

# Dr. John Schluep



John, the founder of *Warrior's Journey Home* and author of *Soul's Cry* is a former Army Airborne Ranger, former licensed mental health care professional, and current senior pastor of First Congregational Church in Tallmadge, OH. John has a

deep and unique understanding of the nature and consequences of combat-induced moral injury and is a nationally recognized leader in effective healing methodologies. All the Way Home is partnering with Warriors' Journey Home with the goal of creating healing communities across Ohio, Missouri and the Midwest.

## Leslie Barnes

Leslie is a specialist in taking care of oneself, and has assembled a "Self Care Toolkit" which she will share with our veterans.

# **WALKING HOME WITH OUR COMBAT VETERANS**

# REGISTRATION

Name		
Address		
City		
State, Zip		
Email		
Home Phone		
Work Phone		
Special Needs:		

Online registration available at:

vetsallthewayhome.org/news-events/

### **Payment**

The retreat is free of charge for veterans. If you attend, please bring a copy of your DD214 form and a valid government-issued photo ID.

#### **Donations**

Because this event is free of charge to veterans, we are seeking donations to help subsidize costs. We are thankful for your generous donation!

I would like to enable others attend
the event with my gift of \$

\*A gift of \$100 pays all lodging and food expenses for one veteran to attend the retreat. If you would like to donate via credit card, please visit:

vetsallthewayhome.org/get-involved/donate/

Mail this registration form and/or donation to:

Broadway Christian Church 2601 W Broadway Columbia, MO 65203

See registration eligibility requirements in the "Who is qualified to attend?" section.

www.vetsallthewayhome.org email: info@vetsallthewayhome.org